

DIRECTIONS TO 127 HIGH ROAD, LOUGHTON IG10 4LT

1. By public transport

We are 5 minutes walk from Loughton Underground station which is on the Central Line. As you come out of the station bear left up Station Road (past Sainsburys on your left) towards the High Road. At the mini roundabout where Station Road meets the High Road, turn left. 127 High Road is on the left immediately after the shops end.

2. By road

(a) From the M25

Come off at Junction 26. Follow the signs to Epping and Loughton. Come up the hill to the Old Orleans roundabout. Take the third exit signed to Loughton. At the bottom of the hill go straight over the double mini roundabout. Over the next hill you will come into Loughton High Road. At the far end of the High Road go straight over the mini roundabout. 127 High Road is then on your left hand side immediately after the shops end.

(b) From the M11 (Northbound from East London)

Come off at Junction 5 signed for Loughton. Turn left at the end of the slip road. Turn left at the first set of lights into Oakwood Hill. Turn right at the next lights into Roding Road. Turn left at the mini roundabout at the far end of Roding Road, into Alderton Hill. Follow the road past the station as it bends to the right. Turn left at the mini roundabout.

(c) From the M11 (Southbound from Cambridge)

Please note you cannot turn off at Junction 5 coming from the North. You should therefore turn onto the M25 anticlockwise, and come off at Junction 26 of the M25. Then follow the directions at (a) above.

Parking

You can park in any of the side turnings on the left immediately after 127 High Road (Meadow Road, Lower Park Road).

NB- Parking is unrestricted in Meadow Road, but in the other adjacent side turnings is restricted between 2.00 and 3.00pm. If need be, we suggest you park in the pay and display car park in the High Road adjacent to Marks and Spencer, or the Sainsbury car park (Old Station Road).